

OFFICIAL WALKERS GUIDE

FEBRUARY | 2022

The Bondi to Manly Walk Official Walkers Guide is written and produced by Bondi to Manly Walk Supporters.

Bondi to Manly Walk links all existing coastal and harbour-side walking tracks between Australia's two most famous surf beaches -Bondi Beach and Manly Beach.

For its entire length the Walk is on public land, with the vast majority of the Walk's 80km on existing well-made and well-maintained bush walking tracks.

The Bondi to Manly Walk acknowledges and pays respect to the traditional Aboriginal custodians of the land this Walk traverses.

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DISCLAIMER: Every effort has been made to keep these maps as accurate and up-to-date as possible. At times, updates or changes will not be reflected in the maps, but please refer to our App or website (www.bonditomanly.com) for the most recent information available.

If you'd like to get in touch, please email us on contact@bonditomanly.com

A PRODUCT OF COLLABORATION

The Bondi to Manly Walk is the product of an unprecedented collaboration between the La Perouse Local Aboriginal Land Council and the Metropolitan Local Aboriginal Land Council; all six Councils along the Walk (City of Sydney, Mosman Council, North Sydney Council, Northern Beaches Council, Waverley Council and Woollahra Council); eight state agencies (Place Management New South Wales, NSW National Parks and Wildlife Services, Transport for NSW, Port Authority of NSW, the Royal Botanic Garden Sydney, Sydney Opera House, Taronga Zoo and Sydney Living Museum); at the federal level, the Sydney Harbour Federation Trust and Bondi to Manly Walk Supporters.

The partnership to create the Bondi to Manly Walk was officially announced in Sydney on 25th November 2018 and the Walk was officially opened on 8th December 2019.

We also have a number of additional organisations supporting the Walk including Destination NSW, the Greater Sydney Commission, the Committee for Sydney, the Business Council of Australia, the Walking Volunteers and design agency Principals.

We are fortunate to have the support of two Founding Sponsors - Harris Farm Markets and Employsure.



There are over 700 physical way marks featuring the Bondi to Manly Walk Aboriginal Whale Symbol guiding people along the Walk.

The Symbol embraces two powerful elements of Aboriginal heritage - the whale, so significant for the Aboriginal people of coastal Sydney, and footprints, common in Aboriginal engravings around the Harbour, indicating a direction or track to be followed.

THE MAPS

The Bondi to Manly Walk Official Guidebook is divided into seven sections. These sections connect walkers with transport hubs around the Harbour.

Where necessary, these sections have been broken into smaller segments to simplify the maps.

1.Bondi Beach to Watsons Bay Wharf | 13.8km

- a. Bondi Beach to Rodney Reserve | 4km
- b. Rodney Reserve to The Gap | 4.2km
- c. The Gap to Watsons Bay Wharf | 5.5km

2. Watsons Bay Wharf to Double Bay Wharf | 11.3km

a. Watsons Bay Wharf to Rose Bay Wharf | 7km b. Rose Bay Wharf to Double Bay Wharf | 4.3km

3. Double Bay Wharf to Circular Quay | 8.7km

4. Circular Quay to Taronga Zoo Wharf | 14.5km

a. Circular Quay to Milsons Point | 4.1km b. Milsons Point to Neutral Bay Wharf | 3.3km c. Neutral Bay Wharf to Taronga Zoo Wharf | 7.1km

5. Taronga Zoo Wharf to Spit Bridge | 12km

a. Taronga Zoo Wharf to Balmoral Beach | 9.4km b. Balmoral Beach to Spit Bridge | 2.6km

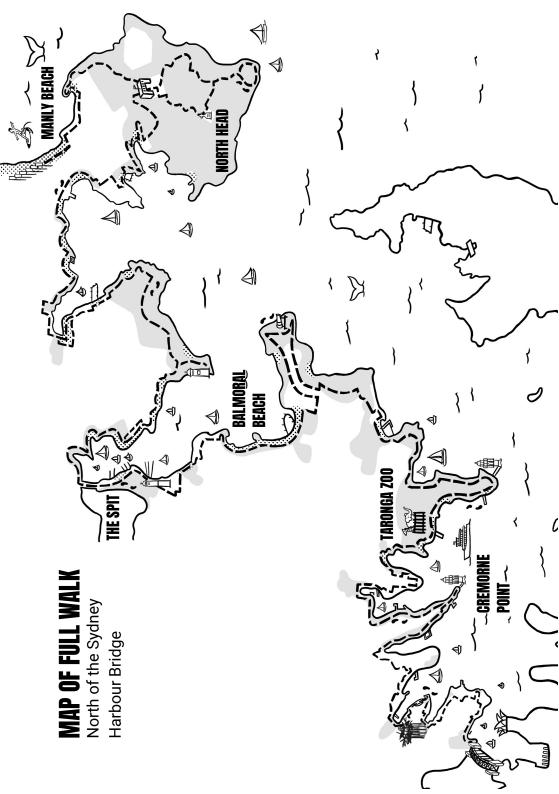
6. Spit Bridge to Manly Wharf | 9.2km

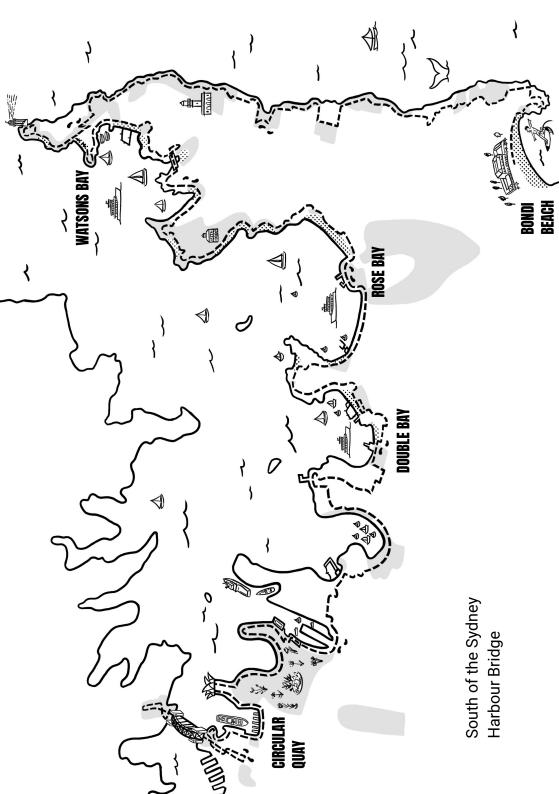
7. Manly Wharf to Manly Beach via North Head | 10km

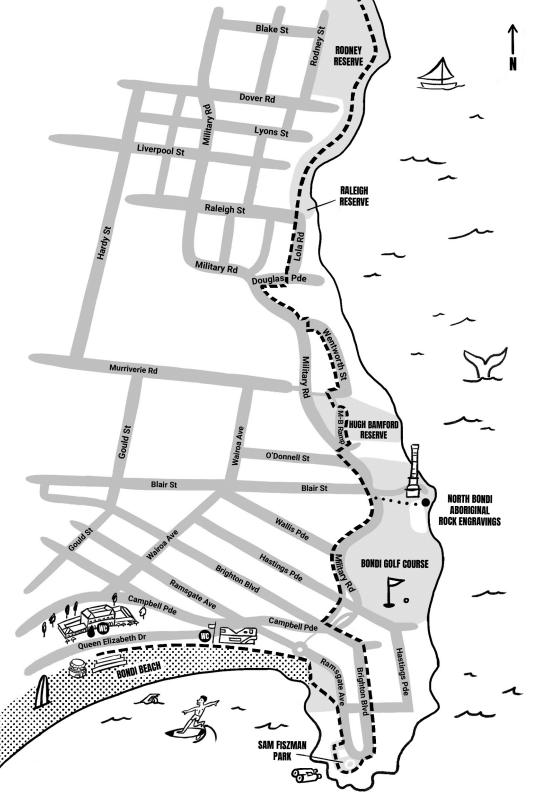
a. Manly Wharf to North Head Visitors Centre | 4.4km

b. North Head Visitors Centre to Manly Beach | 5.6km









1. Bondi Beach to Watsons Bay Wharf | 13.1km

A | Bondi Beach to Rodney Reserve | 3.3km

1. The Walk starts at the Bondi Beach7. CroLifeGuard Observation Tower locatedcrossin the centre of the promenade whichMilitaruns the length of Bondi Beach.HastiWhen facing the Ocean, turn leftkeepi(heading north) and walk towards theright.North Bondi Surf Life Saving Club8. Op

2. Walk past the NBSLSC to the northern end of Bondi Beach, following the promenade around until you reach Biddigal Reserve then turn left into Biddigal Reserve and follow the path and stairs up through the Reserve until you reach Ramsgate Avenue.

3. At Ramsgate Avenue turn right, following the footpath on the right hand side of the road to Ray O'Keefe Reserve.

4. Hug the grassy foreshore until you reach the northern stairs that take you to Sam Fiszman Park. Cross Sam Fizsman Park and take the stairs which bring you onto Brighton Boulevard.

5. Turn right then ascend the stairs to Ben Buckler Point.

6. From Ben Buckler Point, follow the footpath on the right hand side of Brighton Boulevard until you reach Military Road.

[Possible future route change due late 2022. Please check the Bondi to Manly Walk App for the most up-todate route.] 7. Cross Military Road pedestrian crossing then turn right and follow Military Road up the hill, past Hastings Parade and Wallis Parade, keeping Bondi Golf Course on your right.

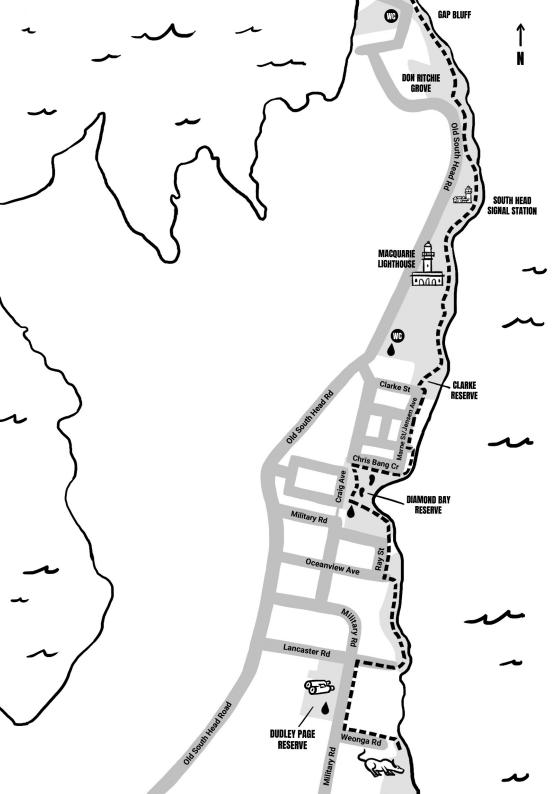
8. Opposite Blair Street, in Bondi Golf Course, there's an option to enter the Golf Course and visit the North Bondi Aboriginal Rock Engravings which are 50m from Military Road and just 20m to the right of the now disused Bondi Sewer Vent. This is an out and back detour, returning to Military Road.

9. Continue up Military Road past O'Donnell Street on your left then in 25m (just past the Hugh Bamford Reserve bus shelter) carefully cross Military Road to the Medland-Bamford Ramp taking you into Hugh Bamford Reserve.

10. Turn left into Hugh Bamford Reserve then follow the concrete path north and through the gap in the fence. Turn right into Wentworth Street and follow it around until you reach Military Road again.

11. Once back at Military Road, turn right and stay on the right-hand side of the road until you turn right again into Douglas Parade. After 30 metres turn left into Lola Road.

12. At the end of Lola Road veer right onto the grass of Raleigh Reserve to follow the Waverley Cliff Top Walk to Rodney Reserve.



1. Bondi Beach to Watsons Bay Wharf | 13.1km

B | Rodney Reserve to The Gap | 4.2km

1.At the children's playground (and the bull statue) at the end of Rodney Reserve turn left into Weonga Road. Follow the road for 150 metres until you reach a T Intersection where you turn right, back onto Military Road.

Cross into Dudley Page Reserve for your first glimpse of the Harbour.

2. Follow Military Road keeping Dudley Page Park on your left. At the end of the park turn right into Lancaster Road.

3. At the end of Lancaster Road pass through the small gate in the white picket fence and follow the unpaved footpath left along the cliff-top walk. Follow the metal fence till you reach a raised timber walkway. Take the walkway and follow the steel fence along the cliff-top.

4. 30 metres before the northern end of the clifftop reserve veer left up the stairs into Oceanview Avenue. After 15 metres turn right into Ray Street.

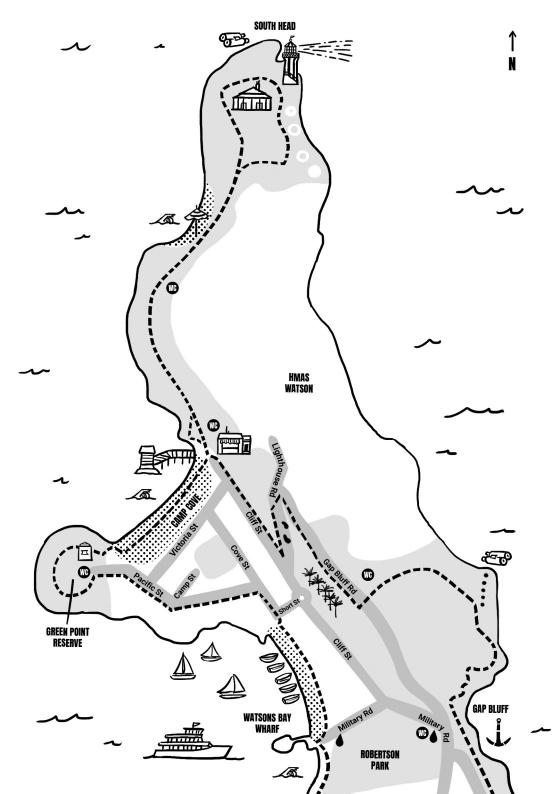
5. As Ray Street loops to the left take the raised timber walkway to your right, following the coastline keeping the large block of flats on your left. At the end of the timber walkway turn right and follow the concrete path through Diamond Bay Reserve.

6. Follow the footpath as it loops around Diamond Bay Reserve. Cross over the creek and follow the path up to the grassed area running along the northern edge of Diamond Bay - Chris Bang Crescent will be on your left. 7. Hug the grassy coastline as it runs parallel to Chris Bang Crescent until you arrive on MacDonald Street. Continue straight uphill along Marne Street. Continue straight ahead as Marne Street becomes Jensen Avenue.

8. Where Jensen Avenue and Clarke Street meet, veer right into Clarke Reserve following the footpath and the path to the right towards the cliff top. Follow the coastal cliff-top walk north – past Macquarie Lighthouse, South Head Signal Station and the decommissioned naval gun emplacements on your left.

9.At the end of the Reserve turn right onto Old South Head Road. After 200m when you see the Lieutenant G.J Grieve Memorial, turn right again to join the coastal walking track.

10. Follow the coastal cliff-top walk through Don Ritchie Grove, along the cliff's edge to The Gap.



1. Bondi Beach to Watsons Bay Wharf | 13.1km

C | The Gap to Watsons Bay Wharf | 5.5km

1.Once at The Gap, continue north to follow the staircase along the cliff top, veering right onto the metal staircase and pass the various lookouts.

2. After 150m the path diverges. Follow the path to the left then go down the concrete stairs to Gap Bluff Road with views of the Harbour Bridge and a row of palm trees.

3. Turn right at the palm trees to continue north on Gap Bluff Road. When you reach the end of the road at the barricade, turn sharp left downhill along Lighthouse Road.

4. Follow the footpath down the right hand side of the road then descend the stairs and turn right onto Cliff Street. Follow the sign pointing to "Access to South Head Heritage Trail". Head down Cliff Street until you reach Camp Cove Beach.

5. At Camp Cove, keep right past the kiosk and climb the wooden stairs. Join the South Head Heritage Trail and follow the trail all the way to the beginning of the Loop Track. Turn right to take the Loop Track counter-clockwise and return to Camp Cove.

6. Once you have returned to Camp Cove Beach walk to the southern end of the beach, towards the Sydney city skyline. At the end of the beach take the white timber stairs up to your right. (These stairs can sometimes be difficult to reach on high tide without taking off your shoes and getting your feet wet.) 7. Take the second path on your right through Green Point Park. Keep the Governor Phillip Memorial on your left and continue straight as you leave the concrete path. Follow the harbour foreshore around the headland, past the sandstone obelisk, back to the end of Pacific Street. Walk to the end of Pacific Street then turn right into Cove Street.

8. Where Cove Street veers left, take the concrete path down to the shore of Watson's Bay. Follow the water's edge to Watson's Bay Wharf.



2. Watsons Bay Wharf to Double Bay Wharf | 11.3km

A | Watsons Bay Wharf to Rose Bay Wharf | 7km

1.From Watsons Bay Wharf walk south along the shoreline, passing Watsons Bay Baths, until you reach the end of Marine Parade. Continue along the shoreline until you reach Gibson Beach Reserve.

2.Turn left on the path that heads up through the reserve then follow the path until you reach Hopetoun Avenue where you turn right.

3. After 70 metres cross Wharf Road then turn right into The Crescent. Walk along The Crescent heading west for 400 metres.

4. Immediately after number 16 The Crescent turn right down the stairs onto a concrete path leading into Parsley Bay Reserve. The footpath immediately forks. Take the lower fork to the right, and follow the path down to the shoreline of Parsley Bay.

5. Ascend the concrete stairs then turn left up the wooden stairs to loop over the white timber bridge. Cross the bridge then turn right into Fitzwilliam Road.

6. Follow Fitzwilliam Road for 150 metres then turn left into Wentworth Road.

7. In 250 metres, (just after you pass number 58 Wentworth Road), turn right into the Beach Paddock of Vaucluse House and follow the shoreline of Vaucluse Bay. When you leave the Beach Paddock turn right into Coolong Rd. 8. After 500m, at the roundabout turn right into Nielsen Park. Take the right-hand fork in the track, and follow the asphalt path as it loops around towards Shark Beach. When you see the beach descend the stairs.

9. Walk along the promenade at Shark Beach. At the western end of Shark Beach take the ramp and climb the stairs to Greycliffe House.

10. At Greycliffe House, turn right to walk up Steele Point Road. After 120m, take the path on your right to join the Hermitage Foreshore Walking Track. Follow the coastal track and Hermitage Foreshore Walk signs.

11. Stay on the Hermitage Foreshore Walk past Milk Beach and then through the grounds of Strickland House on your left. Continue past Hermit Beach and Queens Beach to the end of the Hermitage Foreshore Walk.

12.At the end of the Hermitage Foreshore Walk continue up the hill in Bayview Hill Lane, and after 150 metres turn right into Tivoli Road. At the traffic lights turn right into New South Head Road.

13. Follow New South Head Road down the hill. After 80 metres take the set of stairs on your right which connect with Dumaresque Road acting as a shortcut to get back to New South Head Road.

2. Watsons Bay Wharf to Double Bay Wharf | 11.3km

A | Watsons Bay Wharf to Rose Bay Wharf | 7km

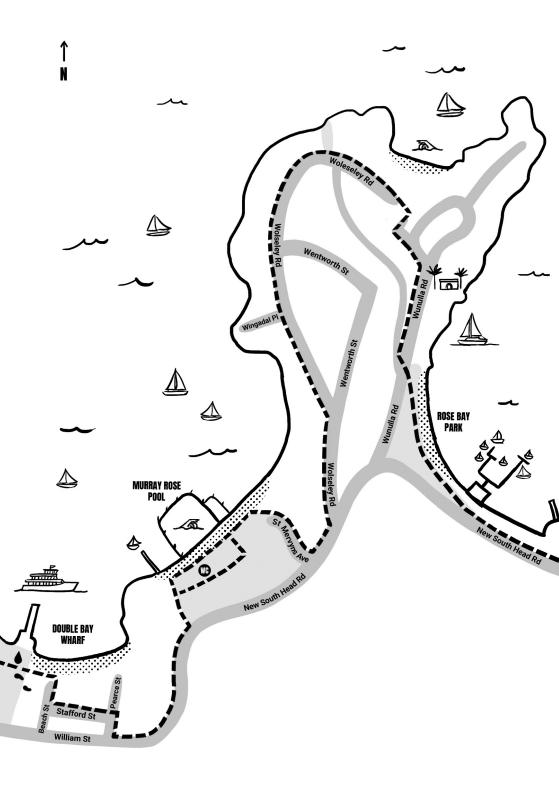
14. Turn left at the bottom of the stairs to return to New South Head Road where you turn right and continue down hill.

15. In 80 metres, turn right after the "White Ripples" block of flats, (at number 762 New South Head Road), down a long set of concrete steps. When you reach Rose Bay Beach turn left towards the city skyline and walk along the beach to its western end.

[Don't be alarmed if you need to take off your shoes and socks and wade along part of the beach. On occasions, during high tides, ankle deep water may cover part of the beach. Enjoy the paddle!]

16. At the end of the beach turn right into Tingara Reserve and follow the shoreline around to Rose Bay Wharf.

[To access the shops, turn left into Percival Park, pass across Collins Avenue and access New South Head Road and the shops.]



2. Watsons Bay Wharf to Double Bay Wharf | 11.3km

B | Rose Bay Wharf to Double Bay Wharf | 4.3km

1. From Rose Bay Wharf walk west along New South Head Road, and then turn right down the red brick path into Rose Bay Park.

2. Walk through to the end of the Park and take the stone and timber stairs up to your left. At the top of the stairs turn right into Wunulla Road.

3. Take on the upper left fork of Wunulla Road then and stay on the right-hand-side of the road. After 260m turn left down the staircase immediately after number 3 Wunulla Road. turn left into Longworth Avenue just after you pass the Royal Motor Yacht Club.

4.At the bottom of the staircase, From Longworth Avenue take the first left into Longworth Lane. At the end of the lane turn right down into a small laneway, turnthen left into Wolseley Road. Stay straight ahead on Wolseley Road past Duff Reserve and Wingadal Place.

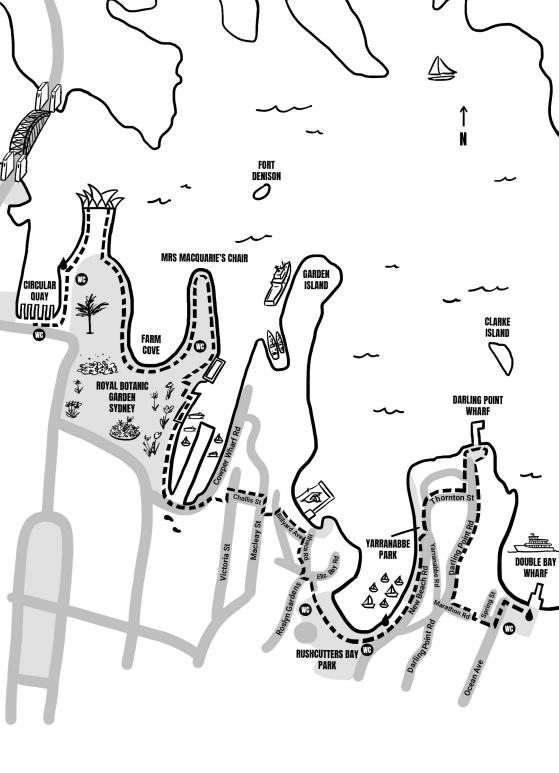
5. Where Wentworth Street meets Wolseley Road on the left, veer right continuing to the end of Wolseley Road then turn right back into New South Head Road.

6. Walk 100 metres along New South Head Road and turn right into St Mervyns Avenue. Walk to the end of St Mervyns Avenue down the concrete path to Seven Shillings Beach. 7. Turn left and walk along the sand to the western end of the beach towards Murray Rose Pool. Pass through the fence and continue along the foreshore. At the far end of the swimming enclosure, take the stairs up to your left. Cross the carpark then turn right to rejoin New South Head Road.

8. After 400 metres turn right again into William Street then in 80 metres turn right into Pearce Street.

9. After 30 metres turn left into Stafford Street. At the end of Stafford Street turn right onto Beach Street and walk 25 metres down to the beach.

10. Turn left along the beach and follow the shoreline of Double Bay to reach Double Bay Wharf.



3. Double Bay Wharf to Circular Quay | 8.7km

Double Bay Wharf to Circular Quay | 8.7km

1.From Double Bay Wharf, follow the shoreline across Steyne Park. As you leave Steyne Park turn left onto Ocean Avenue and then take the first right into Marathon Mews.

2. Where Marathon Mews meets Spring Street, climb the concrete stairs up to Marathon Road. At the end of Marathon Road turn right into Darling Point Road.

 Follow Darling Point Road until you reach McKell Park and Darling Point Wharf.

4. After exploring the park, return to Darling Point Road on the west side of the road. After 200m turn right on Thornton Street.

5. Where Thornton Street meets Yarranabbe Road, continue downhill on Yarranabbe Road. At the bottom of the hill cross New Beach Road and turn left at Yarranabbe Park.

6. Follow New Beach Road, past the Cruising Yacht Club and veer right into Rushcutters Bay Park.

7. Walk through the Park, following the foreshore and cross the timber foot bridge, continuing straight ahead.

8. Continuing straight ahead, climb the stone stairs up into Holdsworth Avenue. Continue up Holdsworth Avenue to Elizabeth Bay Road.

9. Turn left on Elizabeth Bay Road and in 25m cross over Roslyn Gardens at the pedestrian crossing. Immediately turn right and cross Elizabeth Bay Road straight ahead down Ithaca Road. 10. At Billyard Avenue, turn left. Just after Billyard Avenue meets Onslow Avenue, cross Billyard Avenue to take the stairs to your left marked with signs to "Macleay Street and Challis Avenue".

11. At the top of the stairs cross Macleay Street at the traffic lights and continue straight down Challis Avenue past the cafés.

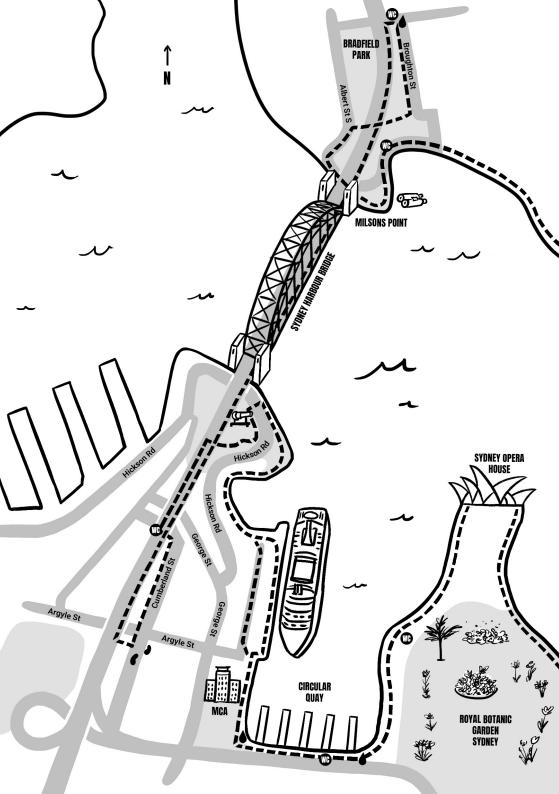
12. At the T intersection turn left into Victoria Street and after 30m turn right down the McElhone Stairs. At the bottom of the stairs cross Cowper Wharf Road at the traffic lights and turn left following Cowper Wharf Road past the legendary "Harry's Cafe De Wheels".

13. After passing Harry's and the Finger Wharf veer right onto the large timber boardwalk. Go to the end of the boardwalk and follow the foreshore keeping the townhouses on your immediate left.

14. At the end of the boardwalk continue along the footpath over a footbridge and then take the stone stairs up to your left. At the top of the stairs turn right onto Mrs Macquarie's Bushland Walk past the Andrew (Boy) Charlton Pool and around the headland. Follow the path along the foreshore as it enters the Royal Botanic Garden Sydney (RBG) and circles around Farm Cove.

[Note: The RBG is open from 7am. Closing time varies throughout the year, broadly aligning to sunset.]

15. As you exit the RBG at the stone gates, take the footpath on your right to hug the shoreline in front of the Sydney Opera House.



4. Circular Quay to Taronga Zoo Wharf | 14.5km

A | Circular Quay to Milsons Point | 4.1km

1.Stay on the shoreline on the west side of Sydney Cove, passing through Circular Quay. Keep the Museum of Contemporary Art and the Overseas Passenger Terminal on your left.

[If the Overseas Passenger Terminal is closed with a cruise ship, please follow the road down the left hand side of the terminal which brings you out in front of a series of restaurants, with views of the Opera House on your right.]

2. Pass the Park Hyatt and follow the shoreline through to Hickson Road Reserve.

3. Just before passing under the Harbour Bridge, cross over Hickson Road at the traffic lights. Immediately turn left and in 40m turn right up the stairs into Dawes Point Reserve. At the fork veer left and follow the paved path uphill and along directly under the Harbour Bridge to George Street.

4. Cross George Street and take the old sandstone staircase up to Cumberland Street. Turn left on Cumberland Street and along the side of the road that is closest to the Bridge, passing The Glenmore Hotel on your left.

5. Turn right to climb the stairs, following signs to the "Sydney Harbour Bridge Cahill Walk."

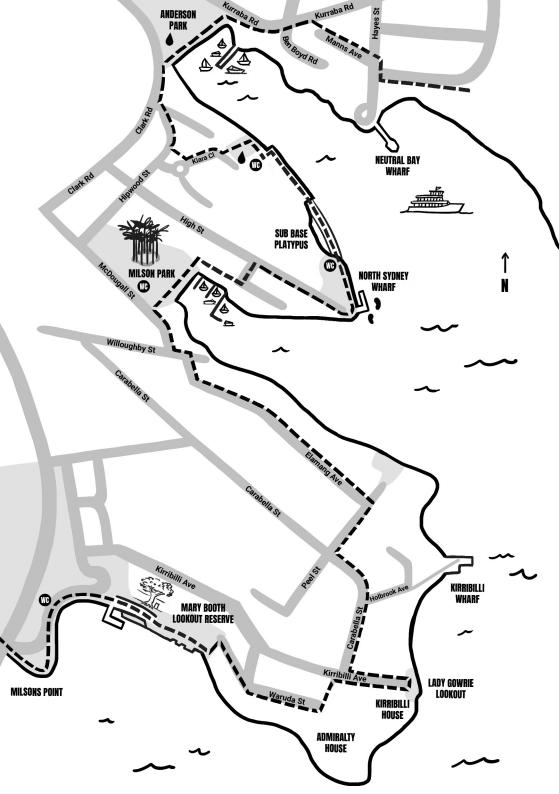
6. At the end of covered stairs take the ramp to your right up onto the Sydney Harbour Bridge then, walk across the Bridge to the northern side of Sydney Harbour.

7. At the end of the Bridge Walkway take the stairs down to Kirribilli. At the bottom of the bridge stairs hairpin turn hard right and follow Broughton Street downhill towards the Harbour.

8. Near the end of Bradfield Park, turn right onto a paved path across the Park and under the Harbour Bridge.

9. When the path joins Alfred Street South, turn left, staying on the lefthand-side of the road, and passing again underneath the Sydney Harbour Bridge.

10. Cross the road and walk along the foreshore to Milsons Point where you'll find a Bondi to Manly Walk Aboriginal Whale Symbol embedded in the ground.



4. Circular Quay to Taronga Zoo Wharf | 14.5km

B | Milsons Point to Neutral Bay Wharf | 3.4km

1.Follow the foreshore to Jeffrey Street Wharf. At the Wharf cross the footbridge and continue along the Harbour's edge until it weaves up the staircases to Mary Booth Lookout Reserve at the end of Waruda Street. Turn right into Waruda Street.

2. At the end of Waruda Street turn left up the stairs into Mirradong Place. At the end of Mirradong Place turn right into Kirribilli Avenue.

You are now standing in front of the Sydney Residence of the Governor General (Admiralty House) and the Prime Minister (Kirribilli House).

[Check out Lady Gowrie Lookout at the end of Kirribilli Avenue for a beautiful view of Sydney Harbour.]

3. Opposite the gates of Admiralty House turn left into Carabella Street. After 260 metres, turn right into Peel Street.

4. After 100 metres, turn left into Elamang Avenue.

5. At the end of Elamang Avenue cross Willoughby Street and then walk almost straight ahead into McDougall Street. After passing the Sydney Flying Squadron Club House turn right and cross Milsons Park along the foreshore.

6. Cross the footbridge and walk straight up the stairs until you reach Miss Gladys Carey Reserve.

7. Immediately turn right and walk along the footpath. At the red

bollards, turn left then at the top of Stannards Place, turn right into High Street and walk down to the Harbour foreshore.

8. At North Sydney Wharf, turn left and follow the foreshore in front of the kids playground and into Sub Base Platypus. [Note: Sub Base Platypus is open from 7am to 9pm]

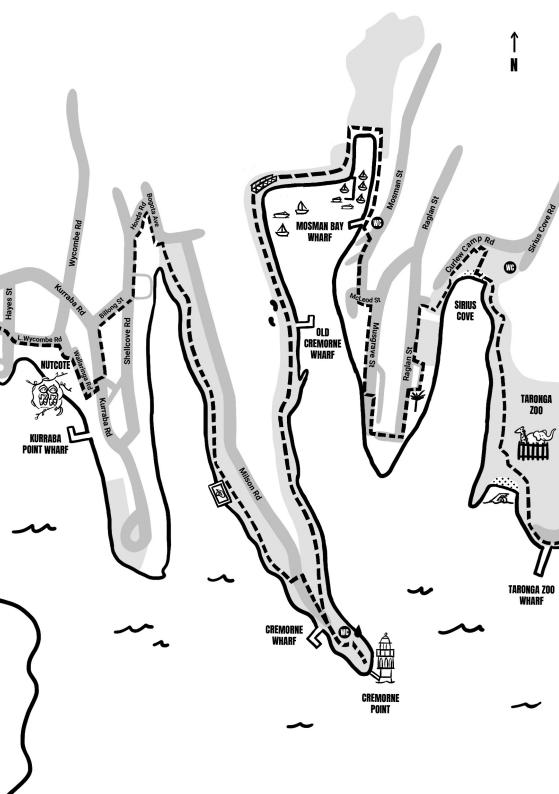
9. Follow the foreshore until you reach the end of Sub Base Platypus at Oberon Park. Cross the park on your left and see the steep metal staircase up the side of the stone wall. Climb the stairs then at the top, turn right into Kiara Close.

10. Just before the roundabout, there's a well hidden narrow path on your right which brings you out at Hipwood Street. If you miss the small path, turn right at the roundabout then right at Hipwood Street.

11. At the end of Hipwood Street, cross Adderstone Avenue then follow the road downhill around a tennis court into Clarke Road. After 70 metres turn right into Anderson Park and walk along the shoreline.

12. On the far side of the Park take the stairs to the right. Turn right onto Kurraba Road. Cross Ben Boyd Road then turn right down a small set of steps into Manns Avenue.

13. Follow Manns Avenue until it meets Hayes Street. [Neutral Bay Wharf is located at the end of Hayes Street and is accessed by turning right at the end of Manns Avenue]



4. Circular Quay to Taronga Zoo Wharf | 14.5km

C | Neutral Bay Wharf to Taronga Zoo Wharf | 7.1km

1. Cross Hayes Street and go straight along Lower Wycombe Road. Where Lower Wycombe Road veers left, turn right into Wallaringa Avenue, following signs to "Spain's Wharf Road".

2. Pass "Nutcote" on your right and turn left into "Spain's Wharf Road".

3. At the T intersection turn left into Kurruba Road then right along Billong Street. At the end of Billong Street, turn left down Shellcove Road.

4. After 200 metres turn right into Honda Road, and then right again into Bogota Avenue. After 110 metres turn right through the concrete archway into "Cremorne Reservation Walkway" and follow the signs as the "Cremorne Point Foreshore Walk" loops around Cremorne Point.

5. At Milson Street, walk almost straight across the road then turn right and continue on the path with the houses on your left. Walk straight ahead keeping the Harbour Foreshore on your right until you reach the end of Cremorne Point. At the end, double back on the same path.

6. Where the track forks continue along the Cremorne Point Foreshore Walk, keeping the houses on your left and the Harbour Foreshore on your right.

7. Follow the footpath along the shoreline of Mosman Bay, pass Old Cremorne Wharf and over the wooden footbridge.

8. Walk past Mosman Bay Marina on your right and around Mosman Bay to Mosman Wharf. 9. Take the stairs opposite Mosman Wharf. Cross the road then veer right up Mosman Street. Continue up the hill as it merges into Trumfield Lane. At the top of Trumfield Lane, turn left up McLeod Street on the footpath on the right hand side of the road.

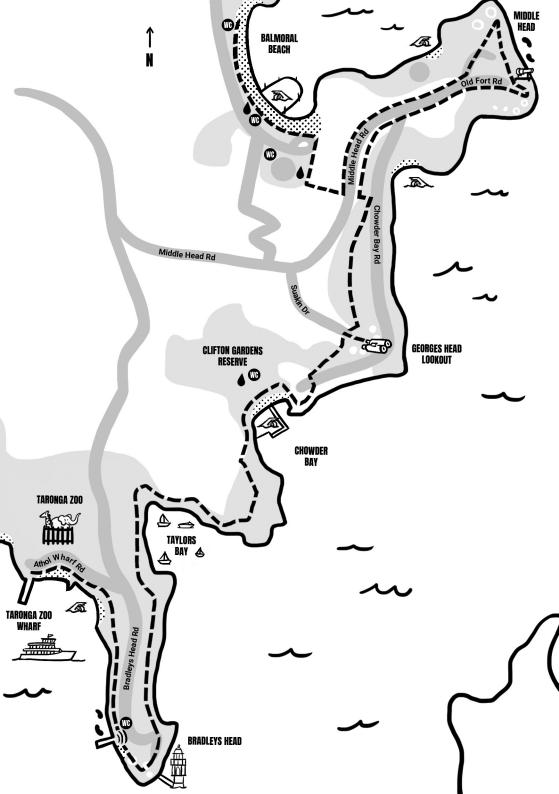
10. At the top of McLeod Street immediately turn right downhill Musgrave Street.

11. After 270m, almost at the bottom of the street, take the stairs to the left opposite 4 Musgrave Street. Continue straight until you reach the Curlew Camp Walk sign adjacent to the South Mosman Wharf. Continue up the steep stairs into Herron Walk.

12. At the top of Herron Walk, turn left and walk 40m up Raglan Street until you reach the big palm tree on your right. Take the clearly marked stairs adjacent to #11 until you reach Upper Raglan Street. Continue along Upper Raglan Street passing Curraghbeena Park.

13. Turn right onto the lower section of McLeod Street. Take the steps and dirt track towards Sirius Cove then turn right onto the concrete driveway.

14. At the end of the driveway take the stairs down to Sirius Cove. At the bottom of the stairs, follow the foreshore around Sirius Cove and continue on the foreshore track as it weaves through the bush past Curlew Camp to Taronga Zoo Wharf.



5. Taronga Zoo Wharf to Spit Bridge | 12km

A | Taronga Zoo Wharf to Balmoral Beach | 9.4km

1. From Taronga Zoo Wharf, walk east up Athol Wharf Road.

2. Opposite the historic Taronga Zoo entrance take the red paved path down to your right. Follow the path until you reach a fork with a gate. Veer left to follow the sign to "Bradleys Head". Follow this walking track around the shoreline of Bradley's Head staying straight ahead at Athol Hall.

3. At Bradleys Head continue on the black asphalt path. Where the road hairpins to the left, stay straight on the timber boardwalk as it turns into a dirt walking track.

4. Follow this dirt track along the shoreline around Taylor's Bay. Keep straight on the track until you reach a concrete footpath at the end of the track.

5. Turn right downhill then follow this path until you reach Clifton Gardens Reserve, continuing on the footpath along the shoreline.

6. Before the covered playground, take the stairs and walk along the sand to the eastern end of the beach and up the steps, through the gate into the old Submarine Miners depot.

7. Opposite the jetty on your right, turn left up the steps and walk straight along the harbour side footpath.

8. At the roundabout cross the road then, keeping the green timber building on your right, take the stone steps which lead uphill to Saukin Drive.

9. When you reach the road, turn left and after 15m turn right onto the dirt path.

[At the end of the path, check out Georges Head Lookout on your right it's worth it.]

[[Possible future route change due late 2022. Please check the Bondi to Manly Walk App for the most up-todate route.]

10. Back at the road turn right along the dirt path, with the brick building on your left. Follow the dirt track until it meets Middle Head Road. Don't cross the road yet, but turn right along the raised walkway.

11. Follow this walkway which runs parallel to Middle Head Road through beautiful bush. At the carpark, turn right and continue downhill along the asphalt path. Follow the path beside the road, past HMAS Penguin on your left.

12. Continue straight ahead across the road on the path close to the roundabout. At the end of the carpark, when you reach the covered walkway, turn left. After 20m, turn right down the concrete footpath. Continue straight ahead until you reach the stone gateway.

13. Pass through the gates then where the road forks, take the road to the right. At the end of the road loop around the old military fortifications and return by taking the bush track at the top right corner of the grass clearing, marked "Inner Middle Head Forts".

[The grass clearing is marked by the Middle Head military fortifications large interpretive sign and canon restoration area.]

Contd on pg 17.

5. Taronga Zoo Wharf to Spit Bridge | 12km

A | Taronga Zoo Wharf to Balmoral Beach | 9.4km

14. When you reach the Inner Middle Head Fort, turn left and continue along the bush track. The fort is worth exploring!

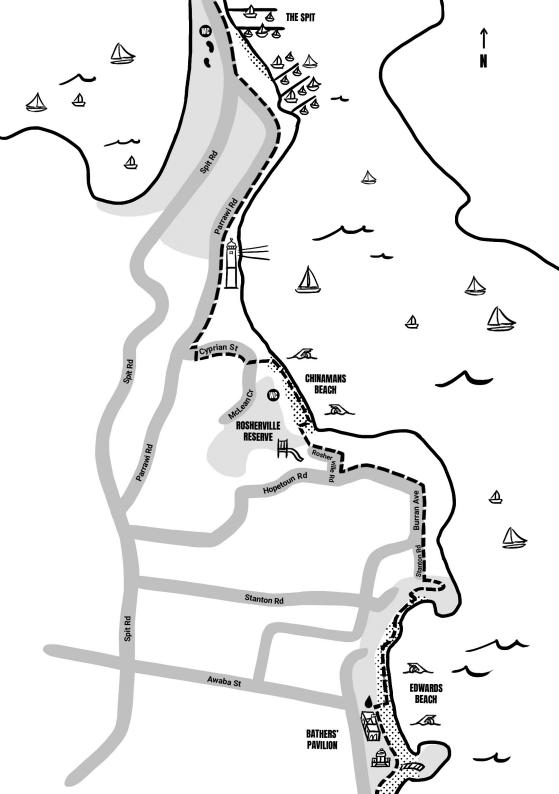
15. At the end of the bush track, join the loop road and go back to the park entrance gates.

16. Exit the gate and return along Middle Head Road until the bus stop opposite HMAS Penguin. Turn right and cross the road, walking up the asphalt path on the right hand side of Middle Head Road.

17. Turn right opposite the pedestrian crossing onto the cement path and descend the long staircase to Balmoral Park.

18. At the bottom of the staircase, take the concrete path on your right. Immediately after the basketball courts veer right past the Balmoral Sailing Club. Follow the grass around the roundabout and turn left to walk along the beachfront.

19. Walk around the children's playground and to the end of the Balmoral Beach promenade.



5. Taronga Zoo Wharf to Spit Bridge | 12km

B | Balmoral Beach to Spit Bridge | 2.6km

1. At the end of Balmoral Beach promenade, go down the stairs and walk along to the northern end of the Road. Continue straight ahead along Beach. Just before you reach the rocks near the water outlet, turn left and follow the bush track (not the cement path) up the hill.

2. Follow this path as it weaves up through bushland and arrives, at the top of the stairs on to Stanton Avenue. Walk 50m up Stanton Avenue then, where it meets Burran Avenue, turn right along the footpath. Follow Burran Avenue as it joins Hopetoun Avenue.

3. Follow Hopetoun Avenue for 180 metres then turn right into Rosherville Road, and then left into Armitage Lane.

Follow the lane as it turns into a brick footpath. At the bottom of the footpath veer right past the children's playground and right again onto the sand path that leads onto Chinamans Beach.

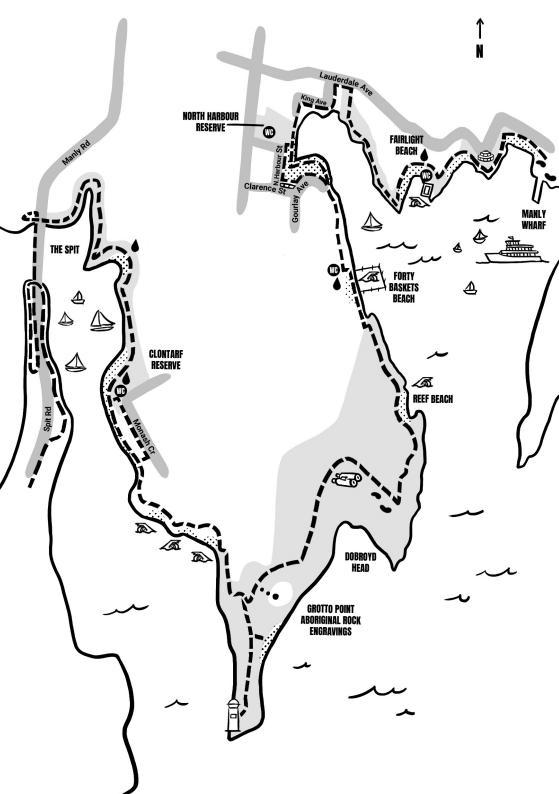
5. Turn left along the Beach. Take the stairs near the rocks at the end of the Beach

6. At the top of the stairs, cross over the road and walk up the hill on the left-hand side footpath. Opposite the driveway of #1B Cyprian Street, cross the road diagonally and climb the stairs.

7. At the top of the stairs, turn right and proceed on the footpath down hill.

Follow the footpath until you reach the traffic lights at the end of Parriwi the footpath next to the shops with Military Road on your left. You'll see the Spit Bridge up ahead.

Pass the Marine Rescue. continuing straight ahead and then turn left under the Spit Bridge. Circle up the footpath and across the Spit Bridge.



6. Spit Bridge to Manly Wharf | 10km

Spit Bridge to Manly Wharf | 10km

1.Immediately after crossing Spit Bridge, u-turn down the stairs on your left to the shoreline.

2. Join this part of the Walk, often called the Manly Scenic Walk or Spit to Manly walk and follow the frequent signs to Manly. The Walk follows the shoreline to Clontarf Reserve.

3. Pass Clontarf Marina on your right and continue along the shoreline through Clontarf Reserve.

4. At the end of the Reserve there are two options. At low tide, or if you feel like a paddle when it's high tide, simply walk straight along the sand.

The alternative high tide option is to walk past the concrete Sydney Water building and turn left. Then walk through the park and turn right on Monash Crescent, proceeding until the end where you'll turn right down the paved footpath to the foreshore. At the foreshore turn left.

5. At the northern end of Clontarf Beach take the stone steps to Castle Rock. Keep on the main path towards Manly, visiting the Grotto Point Aboriginal Rock Engravings on the route.

6. Take in the beautiful lookout on the track at Dobroyd Head then continue downhill along the well worn path.

7. Just before Forty Baskets Beach there is a high tide option with rough stone stairs and track above the high water mark. If you don't mind a paddle, continue along the foreshore to Forty Baskets Beach. 8. Continue along the path as it becomes a road then, where the road forks immediately after the gate, there are two options. At low tide, or again if you feel like a paddle when it's high tide, take the right hand fork down to the water and walk along the foreshore to North Harbour Reserve.

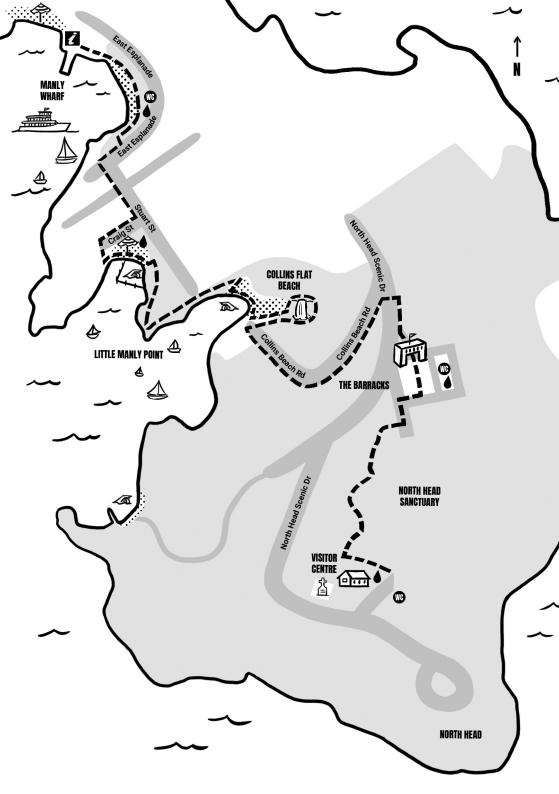
The alternative high tide option is to take the left hand fork along the bitumen road. After 260m, keep your eye out for the post directing walkers to Manly. At the post, turn right down the footpath and over the wooden footbridge. After crossing the footbridge turn right down North Harbour Street. Where the road turns left, take the concrete stairs down to North Harbour Reserve.

9. Continue along the foreshore path to cross the Reserve and ascend the stairs.

10. Cross King Avenue and follow the footpath on the right hand side of the road to Lauderdale Street. Turn right on Lauderdale then after 60m continue down the footpath as it follows the foreshore.

11. Follow the foreshore path to Manly passing Fairlight and Delwood beaches.

12. At the end of the walkway, turn right down the concrete stairs onto the boardwalk and hug the waters edge around the old Manly aquarium and along the beachfront to Manly Wharf.



7. Manly Wharf to Manly Beach via North Head | 10km

A | Manly Wharf to North Head Visitors Centre | 4.4km

1.Continue past Manly Wharf along the foreshore esplanade and ascend the ramp opposite the timber club buildings. At the end of the ramp continue straight ahead along the footpath past the giant fig tree.

2. Turn left up Stuart Street then cross over Cove Avenue and continue straight ahead. At the next major intersection, of Addison road, continue straight ahead.

3. When you reach Craig Avenue at the bottom of the hill, turn right through the carpark to the beach. At the sand turn left along the beach.

4. At the end of the beach climb the concrete stairs and continue along the footpath through the park.

5. When you reach Little Manly Point, turn sharp right down the hill on the pedestrian path then follow this around until you reach the turning circle back on Stuart Street. Just continue on the footpath straight ahead into the bush.

6. Pass through the gate as you continue along the bush track. At the end of the track, cross the beach and ascend the stone stairs.

7. Follow the path around to the bottom of Collins Beach Roadroad where, at the gates of the Australian Institute of Police ManagementIPM, turn left and carefully walk up the road.

8. At the top of the road, turn right across the road and follow the footpath on the left hand side of North Head Scenic Drive. Veer left at the entrance to the Barracks Precinct.

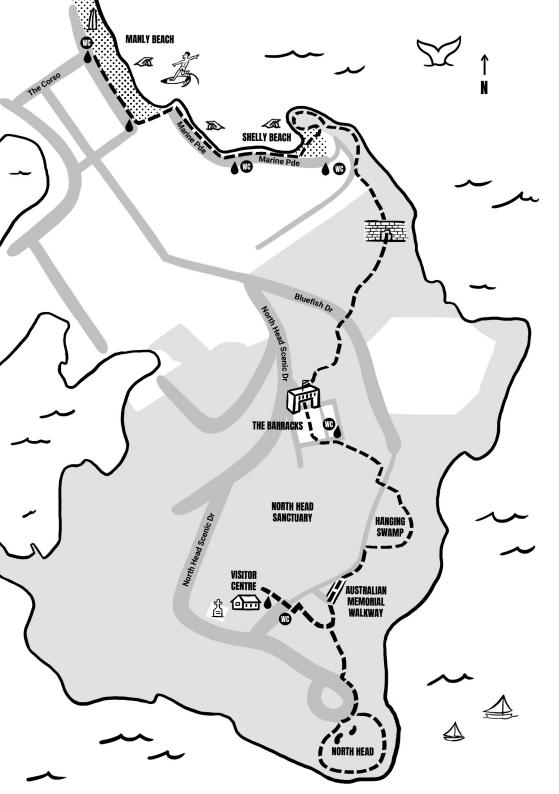
9. Pass through the parade ground gatehouse and cross the parade ground. When you reach the road, turn right then after 20m take the left hand fork and continue up North Fort Road.

10. In 60m turn right at the major sign post, down the dirt track. Continue straight along the grated path until the Tintersection, turning right to North Fort. At the next T intersection, turn right again towards North Fort.

11. When you reach the dirt track, turn left and pass the Third Quarantine Cemetery on your right.

12. After 200m turn right through the sandstone wall arriving at North Head Sanctuary Visitor Centre.

[North Head is closed to vehicles from 8pm to 6am daily. Footpaths remain open however poorly lit in the evening.]



7. Maniv Wharf to Maniv Beach via North Head | 10km

B | Manly Wharf to Manly Beach via North Head | 5.6km

1. From the North Head Sanctuary Visitors Centre, turn left up the road then immediately right onto the Memorial Walk. Continue along the Memorial Walk until the world war 1 memorial then turn right down the dirt 10. In 20m, turn off the road onto the track to the Fairfax Lookout.

2. When the wide rocky path meets the bitumen road, turn left. Pass through the carpark and join the Fairfax Track.

Turn right at the junction to the Fairfax Track to loop around the Track and give you incredible views of the Harbour and most of the Bondi to Manly Walk.

After completing the Fairfax Track loop, retrace your steps through the carpark and return along the same dirt track to the Memorial Walkway. Continue straight ahead.

As the Walkway becomes road, keep right onto the camouflage painted roadway.

Keep straight ahead when the painted roadway emerges onto the wide stony path.

7. After 90m take the grated path on the right onto the Hanging Swamp which loops around back to the same wide stony path where you turn right along the path.

8. After 30m turn left up the grated stairs. Pass through the sandstone wall gates and walk straight ahead. At the end of the track, continue straight ahead down the road towards the brick building.

At the building keep left following the road back to the Parade Ground. Cross back over the Parade Ground and through the gatehouse.

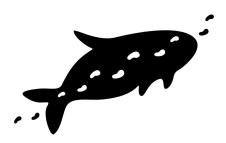
grass and follow the Bondi to Manly waymark to Shelly Beach.

11. When the path meets Bluefish Drive, cross the road and continue along Bluefish track to Shelly Beach. Continue along the dirt and sandstone path until you reach the gated hole in the sandstone wall. Go through the wall and continue left down hill to Shelly beach

When you reach the carpark keep on the paved footpath on the right hand side as it follows the cliff top around Shelly Headland.

13. After looping around Shelly Headland, at the fork, turn sharp right down the stairs to Shelly Beach. Cross the beach and turn right on Marine Parade which hugs the shoreline all the way to Manly.

14. The finish line is where Manly Corso meets the beach. The flagpoles mark the spot. Congratulations!



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